

RAPPORTAGE

BEDANKT
VOOR UW **BETROKKENHEID**


bevrijdt kinderen van armoede
Compassion[®]
in Jezus' naam

INTERIM REPORT INT-0000017660

CSP TZ-260

COUNTRY: Tanzania

GOAL: Help vulnerable (pregnant) mothers and their young children survive through support and education in the areas of health, hygiene and nutrition

PROJECT NUMBER: INT-0000017660 / CSP TZ-260

INDEX:

1. IMPLEMENTER UPDATE.....	3
2. LETTER FROM A CAREGIVER.....	5
3. PHOTOS.....	6



1. IMPLEMENTER UPDATE

Success from the survival program:

Spiritual successes

We thank and bless the name of the Lord and God, for enabling 10 out of 13 survival caregivers to confess Jesus Christ as their personal savior. The church is very happy for being able to win these souls for the Lord. These caregivers are nowadays attending the Sunday mass service, bible studies and fellowship sessions prepared by the church; they have devoted themselves into loving the Lord compared to the days before they began the survival program. The church is still praying and leads another 13 survival caregivers into the ways of the Lord, we believe they will turn to the Lord in the near future.

Survival caregivers have been motivated to bring their little children to the church to learn the Godly ways. These younger Christians are being trained in the ways they should go: and when they are old, they will not depart from it (Proverbs 22:6). So, the church is blessing the Lord for this success too.

Participation in church activities

The survival caregivers and their husbands have impressed the church in that they cooperate in various activities, they are willingly contributing their ideas and other handy activities conducted here at the church, they really found the church as the safest and enjoyable place to be!

Physical development

Both survival caregivers and their babies are physically very healthy. The church thanks the Lord for them since they are seen to be very keen and adhering to the lessons they are taught about health and nutrition. The younger children have been exclusively breast fed and this has made them healthier. The project has been providing them with nutritious meals such as ingredients used to prepare porridge, both expecting and lactating mothers as well.

Both these beneficiaries and their parents have been assisted with medical support whenever they fall sick, and by the grace of God the project have neither came across any pregnancy complication nor prenatal and postnatal death. The pregnant mothers have been provided with iron supplements to avoid anemia in pregnancy and to ensure availability of balanced blood requirements for both mothers and unborn babies.

The church has improved the shelter of the survival caregivers whose shelter was not in good condition. They were given mattresses and they are currently sleeping in a safe shelter while offering assistance in cleaning and keeping their surrounding environment safe.

Cognitive development

Survival caregivers and beneficiaries are doing great in this area too; they were trained on petty business and entrepreneurship skills. After these seminars, survival caregivers have been assisted with capital to start petty business such as selling vegetables, tomatoes, selling bar soap and powder soap, selling cookies, clay cooking pots, buying and selling beans, run a small restaurant (soup, chapattis, mandazi, cooked rice and meat). Survival caregivers have also begun small vegetable gardens.

A good number of survival caregivers are learning tailoring skills. This skill has enabled most of them to start sewing clothes on their own at home hence they earn a living through that. The survival program has turned into a blessing among these women.

Prayer request

Pray that the other 13 caregivers confess Jesus Christ as their personal savior, the church believes that once the caregivers and families accept Jesus Christ they will be healed spiritually and in all other aspects of life (Proverbs 3:5). Pray that these beneficiaries (little children) keep growing and developing in a healthy way and have a God-fearing life, and that they turn into a blessing both to the church and the community (Luke 2:52).

The petty business started by these women may succeed and help them to be economically self-reliant, hence fight poverty (Proverbs 14:23). May the Lord Jesus help them get profit in their business.

4

May the Lord God help the FCP get a reliable water source so that these women may keep doing well in their gardening activities. Water is a challenge around this community since there is only a single rain season around here. Once the season is over, very few and unreliable water sources are available. This makes it difficult to meet their daily needs. This tends to reduce income in gardening activities.

The FCP is also praying very much for the sponsor who holds this program and who helps to change the lives of these women and communities as well, hence win the souls for Jesus Christ. The survival caregivers and the church are generally praying that "Beloved, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well." (3 John 1:2).

Generally, we thank our God Almighty for He has done great things to us, from when we started until now, despite the challenges we face he has been on our side non-stop. Some have discouraged us and refused to hear the word of God but we have managed to bring changes gradually. May our living God's blessings be upon you all. Amen.

2. LETTER FROM A CAREGIVER

Shalom Brethren,

I greet you in the name of the Highest. I am Judith Daudi, a member of the Lutheran Church in Tanzania, and a follower of Jesus Christ through the Evangelical Lutheran Church in Tanzania. I greet you in the name of our Lord Jesus Christ. As a mother of the survival program, I would like to extend my heartfelt thanks for the great support and help I got from this church as a step to release our children from poverty in the name of Jesus Christ. I have succeeded to know hence confess Jesus Christ as my, and family's Savior.

I have learned through home and group activities to groom a child in proper ways they are obliged to live. I have also learned about a child's growth and development, the importance of vaccination to a child and of exclusive breast feeding for six months. Of the importance of family planning and local ways to prepare ORS (Oral Rehydration Salt) at home in case a child gets severe diarrhea. And of the importance of nutrition for better growth, as well as the hygienic ways to prepare food. Through all these, I managed to get rid of various unnecessary diseases, both in myself and my family.

I have learned and got skills through group activities to prepare and bake cakes, popcorn, buns and sewing children's and adults' clothes. Now I am able to sew school uniforms and pastoral robes for Sunday mass services, among others. I feel much comfort since I confessed Christ as my personal savior, I can now pray for other needy people, children and the survival women in our programs. Life was very difficult before I confessed Jesus Christ, since I had no one and never knew a person to take my needs and challenges to. But right now, I continue to see the hands of God in my whole life.

I thank you very much for this program specifically, and Compassion's holistic child's ministry in general for continuing caring for us. I got much comfort through this program, very much! I also thank the church development workers (CDWs) for their commitment and help as they constantly provide us on daily basis.

I can assure you that I can now help my husband to take care of our family by using a petty business like selling pots, sardine, sew and repair torn clothes. I am also among a survival women's money rendering group, in which every Tuesday a single woman receives almost 14 US dollars. This money enables us to improve our business. These petty businesses tend to help us solve little domestic challenges at our homes: food among others. I am still learning to improve my little business so that it may improve and grow; I am also learning to make some cookies such as groundnuts roasted with eggs, so that I may teach my colleagues to do it! I have also learned to decorate cakes. May the Lord bless you all, and remember you, whom you have devoted yourselves to support the survival program at our church.

You are blessed, JD



The photo shows JD cooking bites. She was trained in entrepreneurship, skills which helped her to engage into selling bites. The center supported her with capital and she is now selling the bites at the market. This has helped her not to be idle but also earn some money to meet her basic needs.

3. PHOTOS



Survival caregivers have learned some tailoring skills. They learned how to make school uniforms and robes used by clergy during every Sunday mass service, repairing worn-out clothes as well as sewing dresses for their own children.



Beneficiaries were screened thoroughly in order to detect underlying diseases or any other problems. The beneficiaries are screened twice every year to make sure their health is well maintained. In case there is a disease, it will be treated. We also monitor their nutritional status by checking their weight, height and MUAC (mid upper arm circumference) and give the mothers advice on proper nutrition.



Survival and home-based caregivers learn how to prepare porridge as supplemental nutrition for their babies to prevent malnutrition and low weight. The babies who have not been gaining weight due to long term illnesses and frequent diarrhea, we have been monitoring closely and we give the mothers advice on proper nutrition which is affordable and available.



The mothers were taught how to bake cakes. They learned how to use and mix up the ingredients while maintaining a high standard of cleanliness for the best results. The skills gained have helped them earn an income by preparing cakes to be used in different occasions.



Survival caregivers are making popcorn for sale. It's among the snacks which demand is high for, because it is eaten by all age groups. They sell mainly at the market and in schools. The profit is being saved in the saving box, it will help them increase their business.



Survival caregivers slashing tall grass after cleaning the stimulation room. Cleanliness was done to avoid and eliminate any dangerous insects which could harm the babies. Cleanliness is usually done after every week in this rainy season because there have been growing bushes which may harbor harmful insects.



Survival caregivers participated in a group lesson on creating a positive socio-emotional environment in the home for their whole family. The lesson required them to share each other's ideas on how to create a conducive environment for their babies and the whole family by identifying the things which may hinder their daily routines in serving their babies. By praying and reading the word of God every day.



Caregivers have been attending formal education sessions (three home-based, and one is a survival caregiver) to know how to read and write so as to assist their children in reading the word of God. Home-based beneficiaries have been provided with bibles whereby we expect the primary caregiver will use them to read for their babies.



The picture shows mothers learning tailoring skills. The center ensures that caregivers are well equipped with enough skills that will enable them to be independent. Caregivers are being taught on how to sew different kinds of clothes which will be sold. They will be supported with resources to start up their business and they will be monitored and supported so that they progress well with their business.



Child abuse has been rampant in our area due to culture, behaviors and mindset. Some parents abuse their children without knowing it. The picture shows survival caregivers being taught about child abuse, the meaning of the word, the different types, and how to prevent it. The lesson has helped them to gain a clear understanding on positive and negative ways of raising and punishing their children, proper ways of parenting skills, giving their children a room to express themselves, and make decisions with support from the adults, express care and provide support.



Survival beneficiaries were provided with their First Handy Bibles, the Bibles were handed to their mothers since they were facilitated on how to share bible stories with their little babies. Caregivers know that the Bible orders them to "Train up a child in the way he should go and when he is old, he will not depart from it" (Proverbs 22:6). They therefore joyfully received these bibles and promised to help their children grow spiritually. The FCP expects good spiritual development from these beneficiaries together with caregivers. The project staff too, has planned to monitor these beneficiaries to ensure their undergo a good progress on this area.



Survival caregivers who joined the saving group also joined forces in starting a small business to improve their ways of life by selling seafood (sardines). They did not want to wait any longer and miss the chances of raising their children with better services as primary caregivers. They'll now be able to afford little things without depending other people.



Survival beneficiaries were allowed to participate in Sunday school prayers for children. Teaching children the word of God is way more important than anything else. The same children attending Sunday were also prayed for before, as the Sunday school prayers always include the unborn babies in the program. This is because if children are not taught to follow Christ, the world will teach them not to.



Church building.



Stimulation room.



Office building, tailoring classroom, computer room and storageroom.



Front view of the project's office.



Classrooms.



Toilet building.